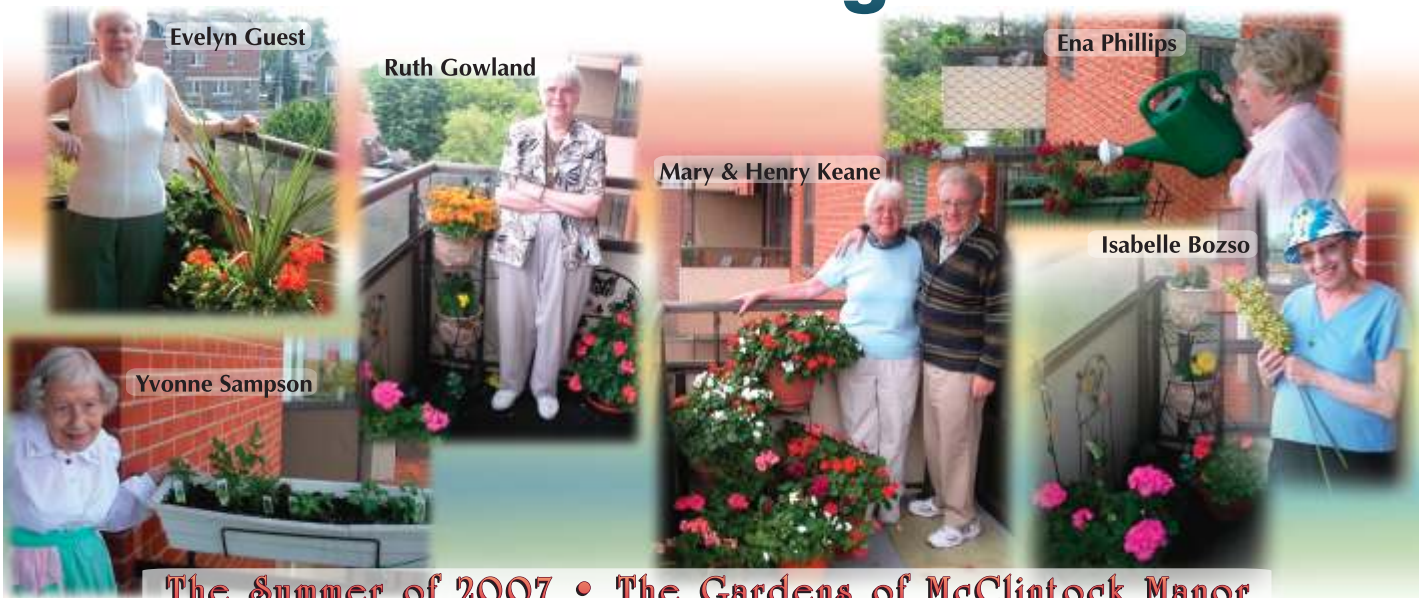




# The Nisbet Lodge & McClintock Manor News

A Christian place for elders where life, compassion and needs meet.

## The Lodge



**The Summer of 2007 • The Gardens of McClintock Manor**

### Quality Improvement

The Lodge has several quality improvement projects on the go. The Hair Salon is getting a new look! To date, a drop ceiling has been installed with new cabinetry, flooring and window treatments scheduled for October.

The staff change rooms are also undergoing a facelift. A committee has been struck to provide input into their re-design. With 130 full and part-time staff there is certainly a need for more lockers alone. All being well, the first phase of this quality improvement project will be completed by Christmas.

Next year is Nisbet Lodge's 35th anniversary and McClintock Manor's 15th. (Calvary Church's 80th). If you add up these dates the organization has been serving the seniors of east Toronto and their families for 50 years! A committee has been struck to help celebrate this special occasion. Stay tuned for more details!

### Our Danforth: A Hundred Years of Memories



Mirror photo/MIKE POCHWAT

Bill Louth (left) & Ron Bowring look at old photos of the Danforth.

One of the highlights of these festivities will be the publication of a book entitled: Our Danforth: A Hundred Years of Memories by the Nisbet Lodge Foundation. It is a wonderful collection of stories and pictures of the way this neighbourhood used to be. The contributors include many of our residents and tenants as well as local business people and representatives from area churches. Did you know, "that on the north-west corner of Ellerbeck and Danforth, where the Day Funeral Home now stands, was a large skating rink where on Saturday nights, for five cents, you could change into your skates in the wooden hall and skate to real band"? This is just one of the amazing stories you will discover in the upcoming book.

740 Pape Ave.  
Toronto, ON M4K 3S7  
Phone: (416) 469-1105  
Fax: (416) 469-2996

Email: [info@nisbetlodge.com](mailto:info@nisbetlodge.com)  
[www.nisbetlodge.com](http://www.nisbetlodge.com)



# The Manor

## MANOR UPDATE

Contractors have been a common sight at the Manor this summer! Landscape gardeners refreshed the second floor patio gardens with a myriad of new plants and shrubs. The hallways too have been re-carpeted and tile installed around the elevator doorways.

The 'active living' philosophy is being demonstrated by twelve tenants who are taking part in a fitness class aimed at improving mobility and balance and preventing falls. Each Tuesday and Thursday the group goes through various exercises led by physiotherapist Prashanti Pidikiti. The participants range in age from 78 to 89!

Thanks to a suggestion by Tody Ellies, former President of the Tenants Association, some of the tenants took part in a Balcony Garden Contest this summer. Grace Muncastar, from the Toronto Botanical Gardens was out in the spring to provide some informative tips.

The committee that judged the gardens felt that given the hot temperatures this summer, all of the gardeners deserved an honorable mention. However, four stood out in the following categories:

Flowers: Ruth Gowland and Mary Keane (tie)

Herbs: Yvonne Sampson

Funniest Garden: Isabelle Bozso

All of them said they were looking forward to next year but with less global warming!



### Active Living Fitness Club:

Back row left to right: Thelma Parker, Cliff McCoy, Eric Bolton

Front row left to right: Ruth Lennox, Evelyn Guest, Isabelle Bozso

Physiotherapist: Prashanti Pidikiti.



## From the Desk of the Executive Director

Two recent announcements from the **Ministry of Health and Long-term Care** are good news for long-term care homes in general and Nisbet Lodge in particular. This summer the Honorable George Smitherman announced a significant increase in the amount for raw food in the province's long-term care homes from \$5.57 to \$7.00 per day. This was the result of a lot of lobbying by various groups from the Ontario Association of Non-Profit Homes and Services for Seniors (OANHSS) to the Family Council Network. This move will enable homes to provide things like more fresh fruit and better quality meals. It will also allow them to meet the increasingly specialized diets residents require because of their age or medical

condition. According to Donna Rubin, CEO of OANHSS, "*Homes have always met the basic nutritional needs of residents but a 26 per cent increase will make a real difference.*" This change came into effect September 1.

The second announcement by the Minister had to do with the redevelopment of the province's 35,000 older long-term care beds. The plan, while still subject to cabinet approval, calls for the renewal of 3,500 beds a year over a ten-year period. This will mean that there is consistent, high quality accommodation across the province both now and in the future.

This is really good news for Nisbet Lodge, which was formally designated a C facility. Homes were rated a number of years ago on how the physical layout of the building fit with new Ministry design standards. This program is planned to begin in 2008, which will give added impetus for Nisbet's Strategic Planning Committee to move its redevelopment plan forward.

You know, sometimes elections are a good thing!

*Glen Moorhouse*

730 Pape Ave.  
Toronto, ON M4K 3Z4  
Phone: (416) 469-3200  
Fax: (416) 469-0117

2 [www.mcclintockmanor.com](http://www.mcclintockmanor.com)

Christian Homes for Seniors Since 1973





# Profiles

## Mary & Harry Keane

McClintock Manor Tenants



In 1954 Mary Keane (nee Boyce) came to Canada from County Donegal, Ireland, on an employment contract as a nurse to 99 Queen Mental Health Hospital. After going back to college for Early Childhood Education, Mary went on to work at

the School Board for 18 years as a child care worker with emotionally disturbed children. Mary Keane came to work as a nurse at Nisbet Lodge when it first opened as a retirement home 35 years ago. She has many memories of her employment at the Lodge

Harry Keane came to Canada from Glasgow, Scotland in 1951. Harry was a sailor for many years, sailing the great lakes since 1951. With 3 small children at home, Mr. Keane returned to college to become a Ship Captain. For 25 years Harry worked for the Metro Parks and Recreation as the Captain of the "Sam McBride" ferry, taking people to and from the Toronto Islands. Mr. Keane's hobbies included making cement statues of the Blessed Mother; you can see his work on display in the garden at Holy Name Church.

It was on a stopover in Toronto in 1957 that Harry and Mary met at a Community Dance run by the Church. They were married one year later. They have 2 sons and 1 daughter and 7 grandchildren. They have been happily married for 48 years. Prior to living at McClintock Manor they were local residents living on Browning Ave for 35 years.

Mr & Mrs Keane have been involved with Calvary Church for many years. All of the Keane children participated with programs at Calvary and this continues with their son Tom and his family, who are regular members of Calvary Church.

Both Mr. & Mrs. Keane are long time volunteers. Mary Keane has volunteered for over 50 years with the Alzheimer Society. On June 4th of this year, Mary Keane was invited to enjoy High Tea with Princess Anne, the Sister of Queen Elizabeth; this special event was to honour and recognize the many long term Alzheimer Society volunteers.

Mary & Harry Keane moved to McClintock Manor in June of 2006 and can often be seen enjoying their afternoon coffee in the Manor lobby while chatting with neighbours and friends.

## Ruby Thompson

Nisbet Lodge Resident



Born in Aberdeen Scotland, Ruby was the fourth of eight children. After completing high school she began working at a spinning mill. She recalls working long hours for £2.10 a week! She liked

to go dancing to the Fox Trot and Quick Step with her girlfriends. "I can't do that now, I'd break my hip".

Ruby left for Canada in September of 1953. A month after her arrival she married her fiancé Frank. Her first job in Canada was at Simpson's Departmental Store in the furniture department. She eventually left to have children. Her son lives in Toronto and her daughter in the USA. She has 4 lovely grand children that she adores.

Frank and Ruby bought a house at 69 Leroy Ave. (Mortimer/ Greenwood area) and lived there for fifty-two years! She still liked to dance but raising a family did not allow much time so she took up gardening.

Ruby said she has never gone back to her home country but keeps in contact with her sisters and brothers in Scotland; all but one is still alive.

Asked about Nisbet she replied, "I like to sit outside and get a little tan and some exercise". One of the staff has nicknamed her the '**Lodge Sunshine Girl**'.

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## Memories of the Danforth • Sunday, July 15th

Over seventy-five people, including Member of Parliament for Toronto Danforth, Jack Layton were treated to a varied program highlighting this community's past. (see picture on front page) The afternoon included an historical photographic display of stores on the Danforth courtesy of the Greektown on the Danforth BIA, along with an entertaining talk by Toronto historian Bruce Bell on the "History of Theatre in Toronto". In addition, a delicious box lunch was provided and tours offered of our own Danforth History Wall. To top it off there were selected readings by Lorne Miller of an upcoming book "Our Danforth: A Hundred Years Of Memories. This event raised \$1,500 toward the Room Refurbishment Campaign.

## A Little Light Music • Thursday, October 18th • Missionary Hall

Thanks to the support of our community, this will be the fifth anniversary of our entertaining event. The upcoming 2007 program features **The Yorkminstrels Show Choir** along with a hot dinner (back by popular demand) and a silent auction. We are looking for interesting items for the silent auction table. If you have some treasure that is just taking up space give us a call!

Tickets are \$45 each or \$40 each when buying four or more, and can be ordered by contacting Gwen Ramsay in the Foundation Office at (416) 469-1105.



### The Nisbet Lodge - Wexford Foundation Annual Charity Golf Tournament at Remington-Parkview Golf and Country Club.

In spite of cold weather, this June event raised \$16,000 toward Nisbet's Room Refurbishment Campaign!

From left to right: Glen Moorhouse (Executive Director of Nisbet Lodge), Sandy Bassett (Executive Director of the Wexford Residence), City TV's Mark Dailey, Ron Bilyk (Chairman of the Board of the Wexford Residence, and Bill Louth (Chairman of the Board of Directors for Nisbet Lodge).

### Room Refurbishment Campaign Update

Thanks to the continued generosity of our donors the second order of resident furniture was received in July and is now being enjoyed by residents. Our goal, with your help and that of the Nisbet Lodge Foundation, is to finish this campaign by Christmas. If we can do that it will mean that all of our residents will have received new furniture that is attractive and functional in just two years!

### Shopping Days Are Coming To The Lodge

November 16: PartyLite Candles and Fifth Avenue Jewellery

November 30: Pillow Throws by Double Dee & Tupperware

December 14: Christmas Treats, Cookies & More  
Hours: 10-5

### HBC Rewards Shop at the Bay, Zellers or OutFitters?

Your reward points can help us achieve our fundraising goals. Application forms are available in stores or on line at [www.hbc rewards.com](http://www.hbc rewards.com)  
Nisbet Lodge's community number is ID9440405.

740 Pape Ave.  
Toronto, ON M4K 3S7  
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