



# The Nisbet Lodge & McClintock Manor News

A Christian place for elders where life, compassion and needs meet.

## The Lodge

### Sri Lanka Day



The residents of Nisbet were treated to a spectacular cultural performance by the Sri Lanka Dance Group directed by Premila Williams who is also a Personal Support Worker on evenings. A dance tribute was made to Mrs. Nancoo, one of our residents, who celebrated her 72nd birthday on September 3rd. The residents also enjoyed some traditional dishes.

### Accreditation Canada

One of our main priorities over the next year is getting ready for accreditation, which is set for June of 2009. After a review of the two accrediting bodies, the Board decided to go with Accreditation Canada. This is the same independent body that accredits hospitals. Nisbet has been accredited with Accreditation Canada since 1998.

Accreditation is something that organizations choose to do. While we have Ministry of Health and Long-Term Care standards that we follow, they are considered minimum standards. Accreditation allows organizations to raise the bar when it comes to quality by measuring our performance against

nationally accepted standards. It also lets the public know that we run a good home.

The teams are now in place and represent the following areas: Sustainable Governance, Long-Term Care Services, Managing Medications, Infection Prevention and Control and Effective Organization. This last group also includes Worklife Pulse and Patient Safety.

The next step will be to complete surveys for each area and when the results come in start building on those standards that require strengthening in readiness for the surveyors' visit next spring.

### The Sharkey Report

The Sharkey Report on staffing and care standards in long-term care homes was released in July. There were eleven recommendations meant to address these two main goals: one is to strengthen the staff capacity for better care and second to establish a strong foundation for quality care and accountability. The government has committed to increasing staffing to 3.5 hours of care per day by 2011. Homes have received funding for an additional Registered Practical Nurse (RPN) and some additional Personal Worker (PSW) hours. At Nisbet, the RPN position was added on nights and the PSW hours were used to top up two short shifts on days. While most homes would say that the 3.5 hours are needed now this is a welcome first step.

### CHRISTMAS SHOPPING DAYS AT NISBET LODGE!

Buy local is a new catch phrase. You can do just that at Nisbet Lodge starting in September. Look for vendors in the Lodge lobby selling everything from handcrafted jewelry to baked goods. There is still space for additional vendors. Contact Gwen Ramsay for more information.

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# The Manor

## MANOR UPDATE

One of our newer tenants, Melpo Pedias, recently passed away. She had lived on Strathmore Avenue prior to moving into the Manor. Melpo was a woman of prayer and an active member of the Greek Gospel Church. David Anastasiadis was a long time friend of Melpo's. She was an avid reader and came across a book in the Manor library entitled 'The Autobiography of George Muller.'

Muller was a man of faith and worked with orphans in the slums of London during the 1800's. She shared this book with David. He was so struck by its message that he bought fifty copies for the tenants in memory of his good friend Melpo Pedias.

One of the priority areas from the most recent Tenant Satisfaction Survey was improving building security. While this area is generally safe, thieves sometimes target senior's buildings. As a proactive measure a new high security lock system has been installed at the main door. This makes use of a computerized key fob rather than a key. One of the good

features about this system is that if a fob is lost the code is taken out of the system and cannot be used again.

### Winner of this year's gardening contest

**Flower Category • 1st prize - Nicoletta Dimakopoulos**



## From the Desk of the Executive Director

Recently some of the staff attended the Willow Creek Community Church's Leadership Summit. We were challenged by two of the speakers, Bono of the rock band U2 and Bill Hybels, Senior Pastor of Willowcreek Community Church, to consider getting our organizations involved in the fight

against disease and poverty in the developing world.

The Nisbet Lodge — McClintock Manor Foundation does fund-raising for many worthy projects that benefit our residents. What Bono and people like Stephen Lewis have pointed out is that while there is need at home, the scale of the situation is simply overwhelming.

It seemed to me that if we were going to do something as a long-term care home it should be senior to senior. I came across an organization called Help the Aged Canada. They are the only registered Canadian charity dedicated exclusively to assisting the poor and destitute elderly people living in



developing countries and in Canada. They have many programs, from eye care in India to mobile medical clinics in the Congo. At home they support agencies like St. Christopher House, a settlement house here in Toronto.

One of their other programs is Adopt-A-Gran. Currently, they have started two homes for the elderly in Haiti and are looking for sponsors for their residents. Haiti, as you may know, is the least developed country in the Americas and has recently been devastated by floods.

I approached the Resident's Council about this project and they really liked the idea of getting involved. They have committed to sponsoring one senior in the hope that other individuals and groups will get behind this. The Council has offered to act as a liaison with the home in Haiti.

For more information, a representative from Help-the-Aged Canada will be doing a presentation here in October. If you would like to make a one time gift or sponsor a senior (\$27 month) simply make out a cheque to the Nisbet Lodge Resident's Council and indicate it is for the Haiti project.

The United Nations has declared October 1 as the International Day of the Older Person. What better way to celebrate than to support this small project of the Nisbet Lodge Resident's Council!

*Glen Moorhouse*

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# Profiles

## **Doreen Mansell** Nisbet Lodge Resident

What is quite striking when you enter Doreen's room is her beautiful antique furniture. Perhaps the most remarkable piece is a portrait of her grandmother that dates back to the 1800's.

Doreen was born in Cheshire, England on the border between Cumberland and Scotland. She grew up there with her parents and a brother who was nine years her junior. She attended the Navigation Road School, which was a ten minute walk from home. Doreen later went to Bradbury High School and her favourite subject was sports. She loved playing field hockey and tennis. After graduating from high school she worked for a small company using a comptometer, which was a forerunner of the computer.

Doreen's passion for playing tennis lasted well into her eighties. It was while playing that she met the love of her life, Roy Mansell. He played for a short time at Wimbledon. When Roy returned from the war they tied the knot and had two daughters.

They eventually moved to Canada and lived in the Oakville area for many years. She volunteered for the Girl Guides and at the Oakville Hospital. An avid cat lover, she has gotten to know Nisbet's cat, Duchess. Doreen will celebrate her 92nd birthday on October 19th.



## **Jean Anderson** Nisbet Lodge Resident



Jean was born in Rainy River, the northern terminus for the world's longest street, namely Yonge Street. She was the youngest of six children and grew up on a cattle farm. Jean fondly remembers "I enjoyed feeding the baby lambs when their mothers abandoned them, and the chickens."

She attended Sleeman Public School, which was then a one-room schoolhouse where the teacher taught all eight grades. "I don't know how they did it but I had fun at school." She went to Rainy River High School. After graduating she taught for a while but didn't like it so she enrolled in nursing at Fort William Hospital. After working nights for three years she decided she wanted more of a challenge and went to the University of Toronto and got her Bachelor's Degree in Health Sciences.

At one time nursing schools were attached to hospitals. She was part of a pilot project at George Brown College that led to nursing training shifting from the hospitals to the colleges. She continued to teach there until she retired.

Jean got married when she was 26 but never had children. She and her husband travelled extensively and both liked golf and biking. When asked if she would do anything differently, her reply was, "just more of the same, I enjoyed life."

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## A Little Light Comedy

The place to be on Thursday October 2, 2008 is next door at Calvary Church's Missionary Hall. Comedian Irwin Barker, staff writer for The Rick Mercer Report, and pianist and singer John Roby will be providing the entertainment. Irwin is a seasoned performer who is known for his clean and clever comedy. John performs at one of Yorkville's well known restaurants. You will also be treated to the cuisine of Chef Edgar Barrios who works at a popular Toronto dinner theatre. Lastly, you will be able to shop for some wonderful silent auction prizes.

Tickets are \$45.00 each, four or more at \$40.00 each. Start time: 6:30 pm.

**Milestone Ads:** This year Nisbet Lodge and McClintock Manor are celebrating fifty years of combined service to the seniors of this community. You can pass along your congratulations or mark your own special occasion such as an anniversary by placing an ad in the Light Comedy program. Contact Gwen Ramsay for more information. (Order form enclosed.)

### Nisbet- Wexford Charity Golf Tournament

Tuesday June 10, 2008

*"The day was a success, the meal was excellent and everyone seemed to enjoy themselves."* This was the over all response from the golfers who participated in our Third Annual Golf Tournament with the Wexford. Cloudy skies and intermittent showers did not interfere with play. Eighty-one golfers participated and we raised over \$12,000 in support of Nisbet's Dining Room Refurbishment Campaign.

Special thanks to our lead sponsor Eglinton Bayview Physiotherapy and Mark Dailey, the voice of City TV news who was our special guest again this year. We even made the late evening news!

Many thanks to our Hole-In-One Sponsor Keystone Studios, our Tournament Signage Sponsor Total Graphix and our Hole Sponsors AIC, Responsive Health, Naylor Group, Pape Drug Mart, Pape Home Hardware, Shoppers Home Care, Morneau Sobeco, Venture Computers, Exclusive Alarms, SCA and Hub International.



Left to right: Bill Louth, Dan Louth, Allan Butryn, Paul Quick

### Mothers' Day Walkathon Saturday May 10, 2008

Once again our walkers stepped up to the plate and with the support of family, friends and the Nisbet community we raised over \$8,000. It was a beautiful sunny day, perfect for the 5K walk around the neighbourhood. Jazz, Canada's 2006 miniature horse of the year, came back for an encore. Our four top pledge-makers were: Donna Rivney, Pat Ward, Mary Harmanis and Gloria Lacuesta.

### THE GIVING DAY

at Bay stores across Canada, Sat Nov 1st

Tickets for the Bay Giving Day will be on sale in the lobby at Nisbet Lodge as soon as they become available.

Simply by purchasing a Bay ticket for \$5.00, you will be entitled to an extra 15% off on almost everything in the store and we keep the \$5.00 from each ticket sale. Last year this raised \$600.

The Bay Ticket could be used as a thank you gift to your staff, clients or friends. Last year, Eglinton-Bayview Physiotherapy and Pape Drug Mart bought tickets for their employees. Don't miss out on some good bargains for Christmas!

### Our Danforth: one hundred years:

What started as residents simply sharing their memories of the way this community used to be grew into a 172-page book with 43 photographs. The response has been amazing with over 400 copies sold. When people come to purchase a copy they share their own story about the Danforth. If we had the time and energy a second book could easily be done.

Our Danforth would make a great Christmas, birthday or anniversary gift. The book will go on sale (\$22.50) starting October 2 until Christmas when purchased at Nisbet. It can also be picked up at Book City, Korry's and The Palace Restaurant at the regular price of \$25. Order forms can also be downloaded from our website [www.nisbetlodge.com](http://www.nisbetlodge.com)

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