

Planning for the Seniors of Tomorrow — Campaign Update

Thanks to the generosity of many individuals and companies we have reached the \$95,000 mark of our three-year \$200,000 goal. The Foundation has dedicated this current campaign to providing the resources to do the planning work that will result in the redevelopment of Nisbet Lodge.

A Capital Redevelopment Committee has been formed with members from the Nisbet Lodge Board of Directors and Calvary Church. Thanks to your support the Committee has been able to engage a consulting team to assist us in developing a plan that will see Nisbet Lodge become a state-of-the-art seniors' facility.

Ministry funding for a new building does not start until the doors open. Help us reach the \$200,000 goal and see Nisbet Lodge turn from a 'C' to an 'A' standard home.

Donor Recognition Night



Seated at front table (left to right): Dr. Brian Stiller, Cynthia Moorhouse, & Pastor Alan Butryn



Yvonne & Bill Louth, Chairman of Nisbet Lodge Foundation



Barbara Snell

This year's keynote speaker was Dr. Brian Stiller, Chancellor of Tyndale University and Seminary. Founded in 1894 and now located at Bayview and Steeles, the University serves some 1,300 students. Prior to coming to Tyndale, Dr. Stiller served as National President of Youth for Christ and was head of the Evangelical Fellowship of Canada.

His topic for the evening was on the 'The Power of Legacy'. It was an inspiring talk on making a difference with your life. He said that when you give you connect with the cause. One example he gave was the partnership with the University and the Sisters of St. Joseph. Tyndale faced the challenge of a growing student population and a limited site. The Sisters owned a large property to the south. After much discussion and prayer they sold the property at a very favorable rate to the University. They passed on some of their legacy to this institution. He encouraged those present to consider what kind of legacy they will leave.

Haiti Report

Thanks to the generosity of the Nisbet Lodge—McClintock Manor family almost \$350 was raised for relief efforts in this grief stricken country. The social housing department of the city and the federal government matched our gift, making it a donation of \$1,000!

Haiti will also need ongoing support to rebuild. Friends of Nisbet currently support six seniors there through the adopt-a-gran program of Help the Aged, Canada. It is time to renew our annual support for these grans. If you would like to make a donation (\$27 will cover one month, \$324 a year) that provides shelter, food and medical aid to seniors in Haiti, you can send a check to Nisbet Lodge payable to Help the Aged, Canada. For more information contact Carole Fowler at ext 1144.

Upcoming Events — Mark Your Calendar

Mother's Day Walkathon: Join us for a gentle 5km walk through the neighbourhood (with a 1km option), get some exercise and raise funds for a worthy cause. **Saturday, May 9 at 9:00 a.m.**

Charity Golf Tournament: This event has grown to include four long-term care homes: Nisbet Lodge, Wexford Residence, Mariann Home, and Valleyview Residence. There will be a shotgun start and a best ball format. This format makes it easy for beginners as well as pros and means an early finish. Join us on **Wednesday, June 23, 8:30 a.m. tee-off, Remington Parkview Golf and Country Club (Steeles Avenue, East at 9th Line.)**

We at Nisbet Lodge/McClintock Manor want your feedback.

- Are the stories and features of interest to you?
- Is there something you would like to see as a feature in our Newsletter?
- Would you be interested in an electronic newsletter delivered via email?

Your comments and suggestions are welcome; we look forward to hearing from you.

Please email your comments to:

l.morrison@nisbetlodge.com

The Lodge



Front: Basy Sinis & husband Stefanos
Back left to right: Norma Owen, Kay Smith, Lily Farquhar



Left to right: Marguerite Redman, Marie Tomlinson, Esther Crowe

Nisbet Lodge and McClintock Manor have many interesting people that have great stories to share. In our new column, "In-House Reporter", we will be featuring a story written by a resident, staff, volunteer or tenant.

In-House Reporter I've Got a Bingo

It's Tuesday morning. On the second floor of Nisbet Lodge everything is quiet. Then at 10:00 a.m. the elevator doors open and out come some of the residents ready to play Bingo. But first they are served a cup of tea, coffee or juice with a tasty cookie. Then the Bingo game begins. Winners receive a Bingo Winner badge, which many winners save and tape up in their rooms. One resident, Ruby Thompson, has 175 badges displayed in her room and proudly shows them off to visitors. Two residents prefer to play scrabble with volunteer Marjorie Ribble. The residents enjoy this fun hour of Bingo and Scrabble. As Ruby Thompson says "I can't wait for Tuesday, I love Bingo!"

~ by Emily Kozak — volunteer



Volunteer Emily Kozak with resident Ruby Thompson and some of her display of Bingo badges.

New Long-Term Care Regulations

Bill 140, an Act respecting Long-Term Care Homes, was introduced back in 2007. Since then Ministry officials have been developing the regulations that will go along with it. The expectation has been that they would be released this spring. However, it now seems like fall is more likely. Homes have been informed they will have a period of time to transition to the new requirements.

The Ontario Association of Non-profit Homes and Services for Seniors (OANHSS) represents the non-profit sector and lobbies government on our behalf. One of the issues related to the new regulations has to do with continuums of care. Homes like Nisbet that have a campus and offer a continuum of care model have been seeking a priority status for those who need the services of the long-term care section. To-date the Ministry has been unwilling to move on this issue despite the fact that faith based and ethnic homes already have this status.

The association has proposed a compromise that will make it easier for some folks, in our case at McClintock Manor, to access the home if and when it is needed. This modification would allow for priority placement for spousal reunification both in continuums and the broader community. This would mean if a person in McClintock had a spouse in the Lodge and was ready to move they would have a higher place on the waiting list. Time will tell how effective the lobby is.



MANOR UPDATE

Renovations

In the fall of 2009 Nisbet Lodge applied to the City of Toronto's Social Housing Renovation and Retrofit Program for several capital replacement projects for the Manor. This January, sixty-five stoves were delivered and the old ones removed. It was truly a busy day!

The organization also applied for phase two of this program which is funded through federal infrastructure dollars. We are hoping that this will cover some of the other capital replacement projects the building is facing including replacing the V windows and the boiler. An announcement is expected sometime in March.



Jean Chatzioannidis displays his new stove.



Olympic Torch Run



In the early hours of December 18, 2009 a small group of tenants gathered outside the building to watch the Olympic Torch Run pass by. At 7:30 a.m. the Danforth was lined with people to witness the event. At 7:40 a.m. the entourage rounded Pape Avenue traveling north. Waving flags and shaking tambourines the group cheered the runner on. It was exciting to be a small part of the 2010 Winter Olympics.

From the Desk of the Executive Director



In 2006, the province passed the Local Health System Integration Act, which is Ontario's attempt at creating regional health authorities. The idea was to bring the planning, funding and management of health care to the local level. Other provinces such as British Columbia and New Brunswick are well ahead of us in this regard.

Here they are called Local Health Integration Networks (LHIN's) and currently there are fourteen across the province. Nisbet Lodge is part of the Toronto Central LHIN. Starting this year, long-term care homes will be required to sign accountability agreements with their local LHIN. The acute and community care sectors have already been through this process. The accountability agreements are tied to funding and, as such, homes are not allowed to have a deficit. These agreements also require organizations to align their priorities with those of their local LHIN.

The Toronto Central LHIN's near term priorities are to 'drive system change, improve outcomes and ensure sustainability with a focus on: ER wait times, alternate level of care days, diabetes, mental health and addictions and value and affordability'.

Nisbet Lodge's facility wide priorities for the coming year relate to the LHIN's but are also specific to us. They include: create a redevelopment plan that will see Nisbet move from a 'C' to an 'A' home, attract additional programs and services to assist McClintock Manor tenants to 'age in place', partner with other organizations to improve the quality and efficiency of our services, complete the implementation of RAI MDS, implement new long-term care standards, and finally, to adopt the key recommendations from our accreditation, external client satisfaction survey and the Auditor General's report on Infection Control.

If you have any comments or questions about these directions please let me know.

Glen Moorhouse

Eileen Wilding



Born in Toronto in 1926, Eileen lived near Riverdale Park for most of her life. Eileen was the youngest of 3 children. She attended local schools, and later took typing and cake decorating classes.

At age 17 Eileen had her first job working at a knitting mill on the Esplanade where she operated a spinning wheel.

Eileen's next job was at the Mondet Cork, a bottling company where she operated a liner machine.

Eileen's brother introduced her to her future husband, Arthur Wilding; they were married on June 4, 1955. In the early days, Eileen & Arthur enjoyed visiting family and going to movies. After having 4 children their time was busy with many school activities. Some of Eileen's hobbies have been cake decorating and making rhinestone jewelry.

Once all the children were in school, Eileen took a job as a crossing guard. For 10 years she helped children and families safely cross the street at Coxwell and Plains Rd. She then went on to Cedarvale & Cosburn for another 2 years before retiring to care for her ailing husband. Eileen & Arthur were married for 36 years.

The Wilding family lived on Binswood Ave for 56 years; Eileen then moved to Beech Arms Retirement Home prior to moving to Nisbet Lodge.

Eileen has a long history with Calvary Church & Nisbet Lodge. As a lifetime resident of East York, Eileen watched Nisbet Lodge being built. Through her sister Ethel, she became involved with Calvary Church and continues to be an active member after 46 years. Ethel also introduced Eileen to volunteering at Nisbet. For 12 years Eileen operated the elevator every Saturday at noon. Other roles included helping residents go on trips to the mall or local parks, helping at birthday parties and feeding residents.

Since moving into Nisbet, Eileen continues with volunteering, helping to fold bibs and greeting new residents as a member of the Residents Council.

Misty Hollow Carving



Murray Lincoln admires the carvings of Russell Sutherland while Thelma Parker looks on.

On January 13, master carver Murray Lincoln of Misty Hollow Carving gave a talk to residents on this popular hobby and the story behind some of his creations. Murray Lincoln began carving with his Grandpa when he was about 5 or 6 years old. One of

his first creative pieces was "whittling" a willow whistle. He has been carving for over 60 years.

After retiring as a Senior Pastor of Northview Pentecostal Church in Peterborough, Mr. Lincoln enrolled in a self employed business program. Misty Hollow Carving started as a dream and was launched officially as a business in Oct 2008.

While watching Mr. Lincoln set up, residents were fascinated by the carvings, particularly the teddy bears with the wooden faces.

During the presentation, resident Russell Sutherland shared some of his carvings. Russell started carving when he was in the army during the Second World War.

The presentation itself was a real hit, so much so that one of the residents did not want to give back one of the life-like bears! It was quite a successful demonstration, and we hope to have Mr. Lincoln visit again sometime in the near future.

